

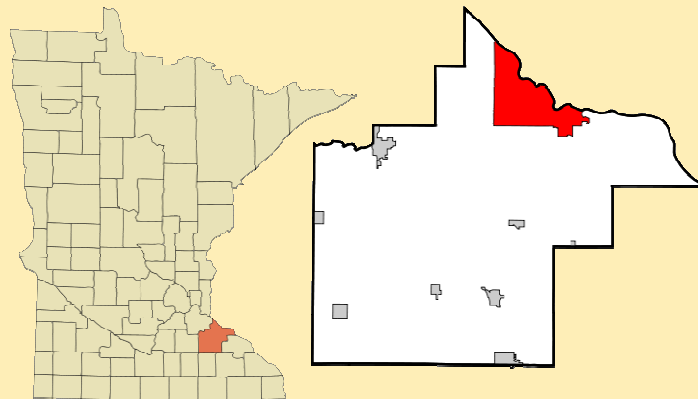
Collaborating with Community Partners

***Partners in Aging Program
Fairview Red Wing Health Services
Red Wing, MN***

***Rural Palliative Care Networking Group
January 11, 2011***



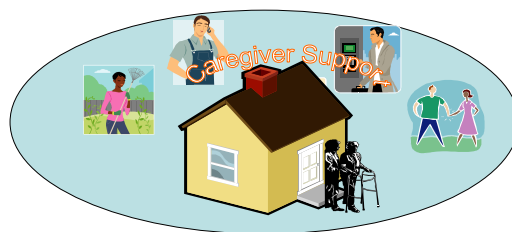
Where is Red Wing?



The Beginning...

- **COMMUNITY**
FRWHS Service Area
- **OPPORTUNITY**
FRWHS 2008 key strategies
CS/SD grant from MN DHS

PARTNERS IN AGING: The Beginning Journey...

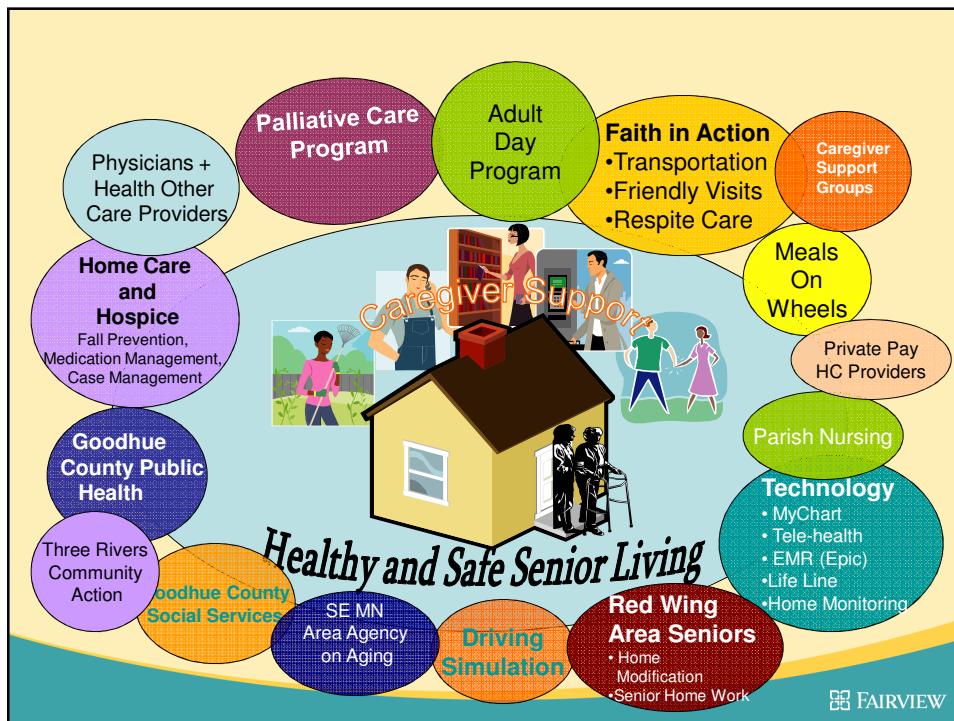


Healthy and Safe Senior Living

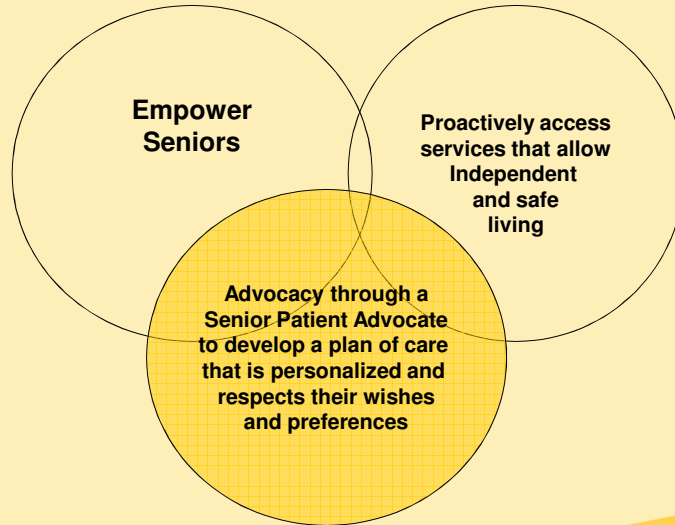
Work Plan Focus:

- Expand and coordinate services to persons with chronic illness and/or at risk of nursing home placement.
- Palliative Care (Stratis Health Initiative)
- Provide seamless linkages with community programs and resources
- Promote health and safety within the home of the Senior

FAIRVIEW

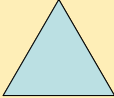


Our CS/SD Grant VISION...



FAIRVIEW

Role of Senior Patient Advocate

- Interdisciplinary team focus (RN, SW)
- Care coordination vs. case management 
- Building relationships
 - Client & family
 - Health Care Team
 - Community Partners
- Development of individualized plan of care....and moving it forward

FAIRVIEW

CHALLENGES

- Degree of complexity of needs
- Time per client
- Resources (systems & client)



FAIRVIEW

STRENGTHS

- Collaborative support:
 - Leadership
 - Physicians
 - Other service providers
 - Community
- Respect
- Proactive not reactive approach
- Client self management/empowerment

FAIRVIEW

OUTCOMES

- Patient/Family Satisfaction Survey (2009)
 - 64% response rate
 - High satisfaction responses: 98-100% “pleased with quality of support, greater sense of security, recommend program to others”
 - Quotes from respondents
- Increased utilization of Community Based Services
- Collaboration with Palliative Care
- Complementary programs (CDSM, IHA, HC- MN)

 FAIRVIEW

Chronic Disease Self Management Program

- Developed by Stanford University, MDH licensed “Living well with Chronic Conditions”
- Evidence based 6 week workshop led by trained volunteers and health professionals
 - Curriculum uses self-management goal setting and action planning
 - Group dynamics (discussion & problem solving)
- Participants rate improvement in health outcomes

 FAIRVIEW

Integrative Healing Arts

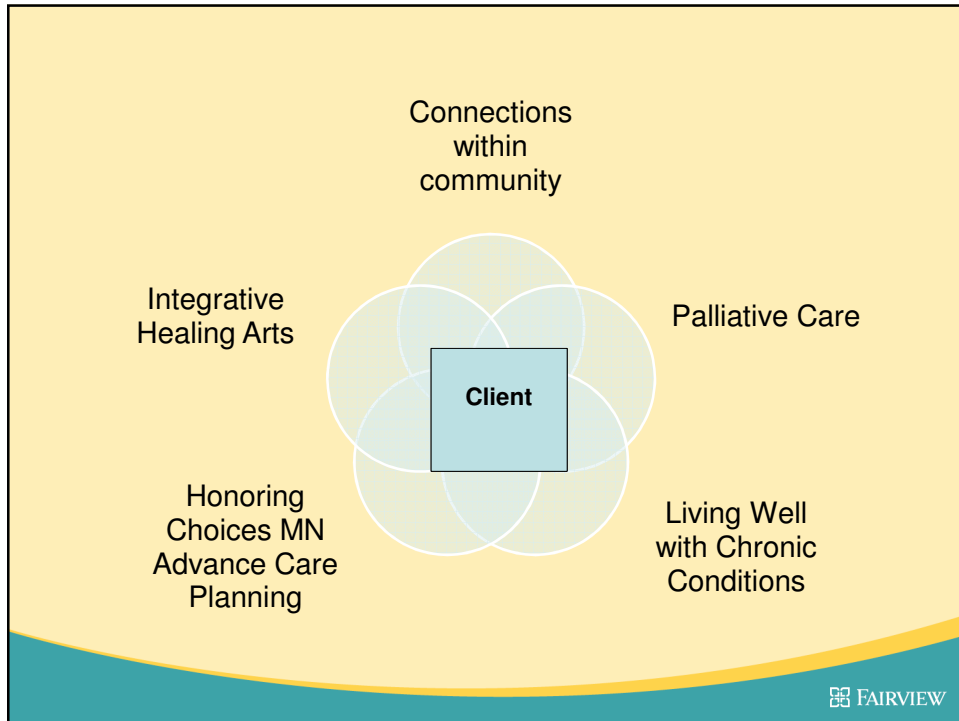
- Grant with MN Job Skills Partnership, SE Technical College, Anoka-Ramsey Community College & FRWHS
- Continuing Education for FRHWS staff
- Certificate programs (30 credits)
 - Holistic Hospice & Palliative Care
 - Holistic Geriatric Health

 FAIRVIEW

Honoring Choices- Minnesota

- Metro Medical Society/Gunderson Lutheran's Respecting Choices model
- <http://www.metrodoctors.com/>
- Pilot project: January – June 2010
- Facilitate conversations & consistent documentation across the state
- Promote use of POLST statewide

 FAIRVIEW



The Journey continues....

**Questions/Comments?
Thank you for your time!**

Trudi Paulson, LISW, Senior Services Coordinator
[Fairview Red Wing Health Services](#)
[651-267-5425](tel:651-267-5425)
tpaulso3@redwing.fairview.org

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