Collaborating with Community Partners

Partners in Aging Program
Fairview Red Wing Health Services
Red Wing, MN

Rural Palliative Care Networking Group
January 11, 2011

Where is Red Wing?
The Beginning...

• COMMUNITY
  FRWHS Service Area

• OPPORTUNITY
  FRWHS 2008 key strategies
  CS/SD grant from MN DHS

PARTNERS IN AGING: The Beginning Journey...

Healthy and Safe Senior Living
Work Plan Focus:

- Expand and coordinate services to persons with chronic illness and/or at risk of nursing home placement.
- Palliative Care (Stratis Health Initiative)
- Provide seamless linkages with community programs and resources
- Promote health and safety within the home of the Senior

Healthy and Safe Senior Living

- Palliative Care Program
- Adult Day Program
- Faith in Action
  - Transportation
  - Friendly Visits
  - Respite Care
- Caregiver Support Groups
- Meals On Wheels
- Parish Nursing
- Private Pay HC Providers
- Technology
  - MyChart
  - Tele-health
  - EMR (Epic)
  - Life Line
  - Home Monitoring
- Goodhue County Public Health
- Goodhue County Social Services
- SE MN Area Agency on Aging
- Driving Simulation
- Red Wing Area Seniors
  - Home Modification
  - Senior Home Work
- Three Rivers Community Action
- Home Care and Hospice
  - Fall Prevention
  - Medication Management
  - Case Management
- Physicians + Health Other Care Providers

SEMN Area Agency on Aging
Our CS/SD Grant VISION…

- Empower Seniors
- Proactively access services that allow independent and safe living

Advocacy through a Senior Patient Advocate to develop a plan of care that is personalized and respects their wishes and preferences

Role of Senior Patient Advocate

- Interdisciplinary team focus (RN, SW)
- Care coordination vs. case management
- Building relationships
  - Client & family
  - Health Care Team
  - Community Partners
- Development of individualized plan of care….and moving it forward
CHALLENGES

• Degree of complexity of needs
• Time per client
• Resources (systems & client)

STRENGTHS

• Collaborative support:
  – Leadership
  – Physicians
  – Other service providers
  – Community
• Respect
• Proactive not reactive approach
• Client self management/empowerment
OUTCOMES

• Patient/Family Satisfaction Survey (2009)
  – 64% response rate
  – High satisfaction responses: 98-100% “pleased with quality of support, greater sense of security, recommend program to others”
  – Quotes from respondents
• Increased utilization of Community Based Services
• Collaboration with Palliative Care
• Complementary programs (CDSM, IHA, HC-MN)

Chronic Disease Self Management Program

• Developed by Stanford University, MDH licensed “Living well with Chronic Conditions”
• Evidence based 6 week workshop led by trained volunteers and health professionals
  -Curriculum uses self-management goal setting and action planning
  -Group dynamics (discussion & problem solving)
• Participants rate improvement in health outcomes
Integrative Healing Arts

• Grant with MN Job Skills Partnership, SE Technical College, Anoka-Ramsey Community College & FRWHS
• Continuing Education for FRHWS staff
• Certificate programs (30 credits)
  – Holistic Hospice & Palliative Care
  – Holistic Geriatric Health

Honoring Choices- Minnesota

• Metro Medical Society/Gunderson Lutheran’s Respecting Choices model
• http://www.metrodoctors.com/
• Pilot project: January – June 2010
• Facilitate conversations & consistent documentation across the state
• Promote use of POLST statewide
The Journey continues….

Questions/Comments?
Thank you for your time!

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