W HY RURAL COMMUNITIES?

Rural residents have greater need and less access to health care.
- Rural communities represent 15% of America’s population and 23% of our older adults. Yet, fewer than 10% of physicians practice here.
- These communities often have more people in poverty. The 20% of rural residents who are people of color or American Indians/Alaskan Natives experience some of the gravest disparities.
- Geographic isolation, socioeconomic status, health risk behaviors, and limited job opportunities contribute to health disparities in rural areas.

W HY STRATIS HEALTH?

Stratis Health is a thought-leader and improvement expert in rural health care quality.
- Our team leads transformation of the rural health care delivery system to improve the quality and value of care, including development of appropriate quality measures.
- We move rural health care organizations toward value-based care by facilitating care coordination, advancing health information exchange, fostering services for serious illness care, and improving patient safety.
- We design technical assistance and resources to meet the needs of rural clinicians, health care organizations, and communities.
- Our nationally recognized staff have broad experience in rural health improvement methods, implementation, and policy.

Resources

- Technical assistance and support to improve rural health care delivery, including quality reporting and resources for critical access hospitals (CAHs): www.ruralcenter.org/tasc/mbqip
  www.stratishealth.org/QImentors
- Resources to foster high performing rural care delivery systems: www.ruralhealthvalue.org
- Cultural competence navigation: www.culturecareconnection.org
- Rural palliative care resources: www.stratishealth.org/palcare

Stratis Health’s Impact

149,760
Rural Medicare consumers benefitted from 10 Minnesota communities working to improve care coordination and reduce avoidable hospital readmissions.

1,350
Critical access hospitals are supported through our work with 45 State Rural Flex Programs to increase quality data reporting and drive care quality.

43
Rural communities nationwide developed or are advancing palliative care services that foster active care planning, symptom management, and care coordination.