Presentation Goals

After today’s session, participants will be able to:
- Successfully utilize the STAR Web site
- Create an account and access an existing account
- Understand the benefits of using trended quality measures reports
- Understand target setting and target setting methodologies

What is STAR? (www.hhqi-star.org)

- Setting Targets—Achieving Results (STAR)
- Free Web-based tool designed to facilitate target setting for the following publicly reported quality measures:
  - Acute Care Hospitalization
  - Emergent Care
  - Discharge to Community
  - Improvement in Ambulation
  - Improvement in Bathing
  - Improvement in Dyspnea
  - Improvement in Management of Oral Medications
  - Improvement in Pain Interfering with Movement
  - Improvement in Status of Surgical Wounds
  - Improvement in Transferring
  - Improvement in Urinary Incontinence
STAR’s Origins

Using publicly reported QMs, use your QMs for internal QI

- Targets allow you to set goals and measure improvement
- STAR was created to help you set targets
- STAR was developed by Quality Improvement Organizations (QIOs) and the Centers for Medicare & Medicaid Services (CMS)

What are STAR Targets?

- Targets = concrete, measurable goals with time frames
- STAR targets = 1 year goals for QMs
- Your vision for the next year
- Think SMART goals…

High-Quality Care Begins with a Vision!

- Raise Awareness
- Inspire Quality Improvement
- Set Targets
- Take Action
- Assess Improvement

Why Set Targets?

- Taking OBQI to the next level
- Accelerate your quality improvement efforts
- Entire agency working to achieve your goal
- Preparing for P4P
- Free to all Medicare/Medicaid-certified home health agencies
STAR Site Demo

http://www.hhqi-star.org
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Target Setting Methods

- Performance based methods
  - State average
  - National average
  - Percentile ranking
  - Percent improvement
  - Other
    - Agency consensus
    - Corporate
    - Maintain rate
To make a target for the target variable specified, choose a target method from the drop-down list above, select a target value, enter a target year, and enter a target value for each year. Enter your target in the appropriate box. Click the Save Target button to save the target.
Choosing Targets

- Target selection is an individual process
- Think about your agency’s:
  - Current QM scores
  - Historical trend
  - Resources (e.g., staff, time, money)
  - Plans for the next year
- Browse the choices on the STAR site

What makes sense to you?
What is achievable in one year?

How to Set Targets

Choosing Targets

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Existing STAR Users

- During the first year, 6,982 (43.7%) of nursing home wide set targets
- For 2006/07, 43.3% of home health agencies in Minnesota set targets for Acute Care Hospitalization and the Management of Oral Medications measures
- Analysis shows that setting targets is related to better QM scores as well as improvement in QM scores
To create an account, you will need:
- A computer with Internet access
- Your Medicare/Medicaid provider number
- Your Key ID – for initial log in only

Once you create your account, begin setting targets!

To reset your password, or for any assistance contact Amy Heikkinen:

952-853-8547
aheikkinen@stratishealth.org

Stratis Health is a non-profit independent quality improvement organization that collaborates with providers and consumers to improve health care.