

The Challenges of Achieving Optimal Diabetes Results: Barriers, Disparities and Strategies for Care Coordination Success

Tuesday, October 26, 2021

12:00-1:30 pm

[Register](#)

Topic:

The MCO Diabetes Performance Improvement Collaborative has launched a new three-year PIP as of 1/1/2021. The project aims to improve the comprehensive diabetes care and services for Seniors and SNBC members, focusing on closing the gaps in health care disparities within our populations. Care Coordinators/Case Managers have an essential role in educating, support and assist members in setting and achieving health goals to improve their diabetes care.

The goal of the presentation series is to provide Care Coordinators, Case Managers, and other professionals working with Minnesota Senior Health Options (MSHO) and Special Needs Basic Care (SNBC) members information to understand the impact of diabetes better and enhance their skillsets when working with members with diabetes.

Introduction – Tammy Chambers, HealthPartners

Presenters:

Thomas von Sternberg, MD, is the Medical Director of Government Programs and Case Management at HealthPartners. He received his medical degree from Ohio State University in 1980, did his residency at the University of Minnesota, and had additional geriatrics education at the Westminster Medical School in London, United Kingdom. He completed his residency in 1983. He is board-certified in geriatrics and family medicine. Dr. VonSternberg is a practicing geriatrician with HealthPartners for over 30 years and a Senior Medical Director for HealthPartners Park Nicollet care group. He oversees the HealthPartners programs in care coordination and disease management. He also develops and coordinates programs for the geriatric population for the HealthPartners Park Nicollet care group, with emphasis on the frail elderly and dual-eligible population. His oversight also includes all transitional care services, assisted living, nursing home, and home-based medicine. He is also the medical director for the home care and hospice programs within the care group. He is a member of the American Geriatrics Society and the National Quality Forum Measurement Development Project for Post-Acute and Long-Term Care. In addition, he is the Medical Director of Ebenezer Hall Care Center.

Julie Hughes, RN is a Core Disease manager at HealthPartners for the past five years. She has over 30 years of nursing experience in orthopedic and medical-surgical nursing. She has worked in numerous case management roles, including utilization review, complex case management, disability management, and workers compensation management. Her background also includes roles in Quality Assurance and Training.

Beth Simpson, MSN, EdM, RN, NE-BC, is an Education Specialist at HealthPartners. She has broad clinical experience in medical-surgical, urological, orthopedic, and perianesthesia nursing. Her background also includes roles in education, development, and leadership/management.

Who should participate/Audience:

MSHO and SNBC Care Coordinators, nurses, public health, health educators, social workers, therapists, Community Health Workers, and anyone interacting with individuals with diabetes.

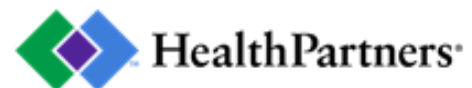
Objectives:

- Identify the social and behavioral barriers to optimal diabetes care impacting the Medicaid/Medicare populations in MSHO or SNBC.
- Describe the impact of racial disparities on diabetes outcomes.
- State the top five interventions that positively affect diabetes management and the prevention of diabetes-related complications.
- Summarize the role of the Care Coordinator in helping members manage their diabetes within the context of their life.
- Identify at least three individualized care planning strategies that address potential or actual barriers to optimal diabetes self-care.

CEU - Participants should contact their relevant licensing board to determine if this program will meet continuing education requirements and CEU values.

This webinar is free, but space is limited. Click here to [Register](#).

This webinar is presented by a collaboration of Minnesota health plans working to improve diabetes healthcare in Minnesota. Thank you to Blue Plus, HealthPartners, Hennepin Health, Medica, South Country Health Alliance, and UCare for their commitment to this issue.



All webinar recordings will be posted on the Stratis Health website under [Health Plan Performance Improvement Projects](#).