

# Meeting the Challenges of Diabetes: Transforming Food Shelves to Meet Client Needs with SuperShelf

Tuesday, September 20, 2022  
12:00-1:30 pm

**Topic:** Minnesota's SuperShelf partnership is helping to increase access to healthy, appealing, and culturally-connected foods across the state. Learn how food shelves are transforming to meet the food needs and improve the experience of people who are food insecure in Minnesota. This presentation will include an overview of the SuperShelf Evaluation Study (NIH) results, including the Statewide Food Shelf survey, a unique data set with direct insight from people served by food shelves throughout the state.

**Introduction: Teresa Ambroz, Minnesota Department of Health**

**Panelists:**

Marna Canterbury, MS, RDN Senior Director of Community Health, HealthPartners: Moderator

Caitlin Caspi, ScD Associate Professor, Rudd Center for Food Policy and Health Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut

Nathan Hesse, MSW, LGSW Agency Relations Program Manager, The Food Group  
(been in multiple roles with SuperShelf and the hunger relief sector since the start)

Nora Gordan, MPH, Food Programs Analyst, Office of Economic Opportunity, Minnesota Department of Human Services

**Who should attend? :**

Physicians, nurse practitioners, physician assistants, diabetic educators, care coordinators, dietitians, nurses, public health workers, health educators, social workers, therapists, community health workers, those serving people with chronic conditions, and others interested in this topic.

**Objectives:**

- Discuss how food shelves, pantries, and other hunger relief resources are essential for supporting healthy eating for food insecure people who live with diabetes and other chronic conditions.
- Increase awareness of Minnesota's SuperShelf partnership and methods and how this approach is helping to increase access to healthy, appealing, and culturally relevant foods across the state.
- Deepen understanding of the food needs, preferences, and health concerns of people who are food insecure in Minnesota through the results of the Statewide Food Shelf client survey, a unique data set of perspectives from food shelf clients.

**CEU** - Participants should contact their relevant licensing board to determine if this program will meet continuing education requirements and CEU values.

This webinar is free, but space is limited. Click here to register: <https://supershelfwebinar.eventbrite.com>

*This webinar is presented by a collaboration of Minnesota health plans and MDH working to improve diabetes healthcare in Minnesota. Thank you to MDH, Blue Plus, HealthPartners, Hennepin Health, Medica, South Country Health Alliance, and UCare for their commitment to this issue.*



All webinar recordings will be posted on the Stratis Health website under [Health Plan Performance Improvement Projects](#)