

Food is Medicine: Resources for Care Providers

Integrating Food Insecurity Interventions into Practice

- **[Food Insecurity and the Role of Hospitals \(PDF\)](http://www.aha.org/system/files/hpoe/Reports-HPOE/2017/determinants-health-food-insecurity-role-of-hospitals.pdf)** (www.aha.org/system/files/hpoe/Reports-HPOE/2017/determinants-health-food-insecurity-role-of-hospitals.pdf). American Hospital Association.

This 2017 guide provides case studies and discusses the role of hospitals and health systems in identifying food insecurity and partnering with community organizations to increase access to healthy foods.

- **[Identifying Food Insecurity in Health Care Settings: A Review of the Evidence \(PDF\)](http://sirenetwork.ucsf.edu/sites/default/files/SIREN_FI_Brief%20v2.pdf)** (sirenetwork.ucsf.edu/sites/default/files/SIREN_FI_Brief%20v2.pdf). SIREN University of California San Francisco.

This literature review synthesizes the evidence for food insecurity screening in health care settings. The review focuses on the validity of screening tools and the implementation and impact of screening programs in practice.

Screening and Referral Guides

- **[The Feasibility of Screening for Social Determinants of Health: Seven Lessons Learned](http://www.aafp.org/pubs/fpm/issues/2019/0900/p13.html)** (www.aafp.org/pubs/fpm/issues/2019/0900/p13.html). American Academy of Family Physicians Fam Pract Manag. 2019 Sep-Oct; 26(5):13-19.

Includes lessons learned by a family medicine clinic who implemented a workflow for social determinants of health screening and referring to community resources.

- **[Recommendations for Food Insecurity Screening & Connections to Food Resources in Healthcare Settings](http://kingcounty.gov/depts/health/health/~media/depts/health/health/documents/food-insecurity-screening.ashx)** (kingcounty.gov/depts/health/health/~media/depts/health/health/documents/food-insecurity-screening.ashx). Seattle & King County Public Health, 2020.

Practical tips from experienced health care providers to standardize and maintain a process to screen and refer to community food resources.

Screening Tools

- **CMS Accountable Health Communities Health-Related Social Needs Screening, 2021.** This screening tool and guide for health care and social services describes practices for universal health-related social needs (HRSN), including food insecurity.

[The Accountable Health Communities Health-Related Social Needs Screening Tool \(PDF\)](https://innovation.cms.gov/files/worksheets/ahcm-screeningtool.pdf) (innovation.cms.gov/files/worksheets/ahcm-screeningtool.pdf)

- **[Protocol for Responding to & Assessing Patients' Assets, Risks & Experience \(PRAPARE\)](https://prapare.org/the-prapare-screening-tool/)** (prapare.org/the-prapare-screening-tool/).

This national standardized patient risk assessment protocol helps assess and address social determinants of health. Available to download in 25 languages and a culturally tailored tool for Native Americans. A modularized Action Toolkit provides best practices and resources for implementing and responding to needs.

[PRAPARE Implementation and Action Toolkit \(PDF\)](https://aapcho.org/wp-content/uploads/2021/02/NACHC_PRAPARE_ALL-Updated-8.24.20.pdf) (aapcho.org/wp-content/uploads/2021/02/NACHC_PRAPARE_ALL-Updated-8.24.20.pdf)

- **[Food Insecurity Screening Algorithms for Specific Populations \(NOPREN\)](https://nopren.ucsf.edu/sites/g/files/tksra5936/f/Clinical-Linkages-Adults-FI-Screening-Algorithm-10.9.17.pdf)**

[Clinical Linkages-Adults Food Insecurity Screening Algorithm \(PDF\)](https://nopren.ucsf.edu/sites/g/files/tksra5936/f/Clinical-Linkages-Adults-FI-Screening-Algorithm-10.9.17.pdf) (nopren.ucsf.edu/sites/g/files/tksra5936/f/Clinical-Linkages-Adults-FI-Screening-Algorithm-10.9.17.pdf)

Food insecurity screening for high-risk adults.

- **[Clinical Linkages Food Insecurity Screening Algorithm for Patients with Diabetes \(PDF\)](https://hungerandhealth.feedingamerica.org/wp-content/uploads/2017/10/Clinical-Linkages-FI-Screening-Algorithm-for-Patients-w-Diabetes-9.27.17.pdf)** (hungerandhealth.feedingamerica.org/wp-content/uploads/2017/10/Clinical-Linkages-FI-Screening-Algorithm-for-Patients-w-Diabetes-9.27.17.pdf)

Food insecurity screening algorithm for adults with diabetes.

- **[The Centers for Disease Control's Nutrition and Obesity Policy Research and Evaluation Network \(NOPREN\) Food Security Work Group.](https://nopren.ucsf.edu/food-security)** (nopren.ucsf.edu/food-security)

Food Insecurity Interventions

- **[Key Drivers to Improve Food Security and Health Outcomes \(PDF\)](https://hungerandhealth.feedingamerica.org/wp-content/uploads/2021/02/Key-Drivers-to-Improve-Food-Security-and-Health-Outcomes_FINAL.pdf)** (hungerandhealth.feedingamerica.org/wp-content/uploads/2021/02/Key-Drivers-to-Improve-Food-Security-and-Health-Outcomes_FINAL.pdf). Feeding America.

This evidence-based review of food bank and health care partnerships identifies multiple approaches for partners working together to improve health and food security.

- **[A Systematic Scoping Review of How Healthcare Organizations Are Facilitating Access to Fruits and Vegetables in Their Patient Populations](https://doi.org/10.1093/jn/nxaa209)** (<https://doi.org/10.1093/jn/nxaa209>). *The Journal of Nutrition*, Volume 150, Issue 11, November 2020, Pages 2859–2873.

A review of healthcare organization programs for patients to increase consumption of fruits and vegetables.

- **[SuperShelf Minnesota \(www.supershelfmn.org/\)](http://www.supershelfmn.org/)**

SuperShelf, based in Minnesota, is a method to guide community food shelves to offer food shelf participants access to healthy and culturally appropriate foods. A grant from the National Institutes of Health is studying the model's impact on clients' diets and health. SuperShelf is a partnership between Valley Outreach food shelf and HealthPartners' Lakeview Hospital in Stillwater, MN.

Partnering with Community Organizations

- **[Assessing Readiness and Creating Value Through Food Bank - Health Care Partnerships \(hungerandhealth.feedingamerica.org/resource/assessing-readiness-creating-value-food-bank-health-care-partnerships/\)](http://hungerandhealth.feedingamerica.org/resource/assessing-readiness-creating-value-food-bank-health-care-partnerships/)**. Hunger and Health, online 6/14/2022.

This guide may help healthcare organizations assess their readiness to engage with a community food source partner.

- **[Bridging the Sectors: A Compendium of Resources-Partnering to Support Individuals with Complex Medical and Social Needs \(PDF\) \(www.aha.org/system/files/media/file/2021/10/bridging-sectors-resources-final.pdf\)](http://www.aha.org/system/files/media/file/2021/10/bridging-sectors-resources-final.pdf)**. American Hospital Association, 2021.

This compendium highlights resources and toolkits for facilitating cross-sector partnerships, from leading health care organizations across the country.

Professional Education

- **[Video and Podcasts Online Collection: Nutrition Research and Evidence-based Policies \(nutrition.tufts.edu/media/person/66?type%5B%5D=video&filters=hide-news&field_media_type_tid=292\)](http://nutrition.tufts.edu/media/person/66?type%5B%5D=video&filters=hide-news&field_media_type_tid=292)**

Browse this collection of webinars and podcasts on food insecurity evidence-based policy approaches and innovations to reduce food insecurity. The presenter is Dr. Dariush Mozaffarian, MD, MPH, cardiologist, and Dean of the Friedman School of Nutrition Science and Policy at Tufts University.

- **[American Medical Association \(AMA\) \(edhub.ama-assn.org/gaples-institute-ed/\)](http://edhub.ama-assn.org/gaples-institute-ed/)**

The AMA offers CMEs for nutrition and food insecurity education modules required in the curriculum of leading US medical centers.

- **[SIREN: Evidence and Resource Library, University of San Francisco California \(sirenetwork.ucsf.edu/tools/evidence-library\)](http://sirenetwork.ucsf.edu/tools/evidence-library)**

The Social Interventions Research and Evaluation (SIREN) online library includes peer-reviewed publications, webinars, and toolkits about medical and social care integration into health care settings.

- **[Webinar: Patient acceptability of social risk screening \(2019\)](https://sirenetwork.ucsf.edu/tools-resources/resources/patient-acceptability-social-risk-screening)**
[\(sirenetwork.ucsf.edu/tools-resources/resources/patient-acceptability-social-risk-screening\)](https://sirenetwork.ucsf.edu/tools-resources/resources/patient-acceptability-social-risk-screening).

Shares the results of a multi-site study that examined the acceptability of the Accountable Health Communities (AHC) social risk screening tool among patients in diverse health care settings in nine states.

- **[Healthy Food Access Portal \(www.healthyfoodaccess.org/about-portal\)](http://www.healthyfoodaccess.org/about-portal)**.

The portal includes research, best practices, resources, and policy information for community members, practitioners, advocates, entrepreneurs, and others who are committed to ensuring equitable access to healthy, quality, affordable food.

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