DEPARTMENT OF HEALTH

Integrating Food Assistance into Health Care Resources for Health Systems

Food Insecurity Interventions

SuperShelf Minnesota (www.supershelfmn.org/).

SuperShelf, based in Minnesota, is a method to guide community food shelves to offer food shelf participants access to healthy and culturally appropriate foods. A grant from the National Institutes of Health is studying the model's impact on clients' diets and health. SuperShelf is a partnership between Valley Outreach food shelf and HealthPartners' Lakeview Hospital in Stillwater, MN.

- Food Insecurity and the Role of Hospitals (PDF) (www.aha.org/system/files/hpoe/Reports-<u>HPOE/2017/determinants-health-food-insecurity-role-of-hospitals.pdf)</u>. American Hospital Association.
 - This 2017 guide provides case studies and discusses the role of hospitals and health systems in identifying food insecurity and partnering with community organizations to increase access to healthy foods.
- <u>Key Drivers to Improve Food Security and Health Outcomes (PDF)</u> (hungerandhealth.feedingamerica.org/wp-content/uploads/2021/02/Key-Drivers-to-Improve-Food-Security-and-Health-Outcomes FINAL.pdf). Feeding America, 2021.
 - This evidence-based review of food bank and health care partnerships identifies multiple approaches for partners working together to improve health and food security.
- <u>A Systematic Scoping Review of How Healthcare Organizations Are Facilitating Access to</u> <u>Fruits and Vegetables in Their Patient Populations (doi.org/10.1093/jn/nxaa209).</u> The Journal of Nutrition, Volume 150, Issue 11, November 2020, Pages 2859–2873.
 - A review of healthcare organization programs for patients to increase consumption of fruits and vegetables.

Implementing Food Insecurity Screening and Referral

- Identifying Food Insecurity in Health Care Settings: A Review of the Evidence (PDF) (sirenetwork.ucsf.edu/sites/default/files/SIREN_FI_Brief%20v2.pdf). SIREN University of California San Francisco.
 - This literature review synthesizes the evidence for food insecurity screening in health care settings. The review focuses on the validity of screening tools and the implementation and impact of screening programs in practice.

Screening Tools

 CMS Accountable Health Communities Health-Related Social Needs Screening, 2021. This screening tool and guide for health care and social services describes practices for universal health-related social needs (HRSN), including food insecurity.

A Guide to Using the Accountable Health Communities Health-Related Social Needs Screening Tool (innovation.cms.gov/media/document/ahcm-screeningtool-companion)

- <u>The Accountable Health Communities Health-Related Social Needs Screening Tool</u> (PDF) (innovation.cms.gov/files/worksheets/ahcm-screeningtool.pdf)
- Protocol for Responding to & Assessing Patients' Assets, Risks & Experience (PRAPARE) (prapare.org/the-prapare-screening-tool/).

This national standardized patient risk assessment protocol helps assess and address social determinants of health. Available to download in 25 languages and a culturally tailored tool for Native Americans. A modularized Action Toolkit provides best practices and resources for implementing and responding to needs.

PRAPARE Implementation and Action Toolkit (PDF) (aapcho.org/wpcontent/uploads/2021/02/NACHC PRAPARE ALL-Updated-8.24.20.pdf)

Partnering with Community Food Resources

 <u>Assessing Readiness and Creating Value Through Food Bank - Health Care Partnerships</u> (hungerandhealth.feedingamerica.org/resource/assessing-readiness-creating-value-foodbank-health-care-partnerships/).

This guide may help health care organizations assess their readiness to engage with a community food source partner.

 Bridging the Sectors: A Compendium of Resources-Partnering to Support Individuals with Complex Medical and Social Needs (PDF) (/www.aha.org/system/files/media/file/2021/10/bridging-sectors-resources-final.pdf). American Hospital Association, 2021.

This compendium highlights resources and toolkits for facilitating cross-sector partnerships from leading health care organizations across the country.

Engaging with Communities at Risk for Chronic Disease and Food Insecurity

 (www.chcs.org/resources/?fwp_resource_search=%E2%80%A2%09Engaging%20with%20Communities%20at%20Risk%20for%20Chronic%20Disease%20and%20Food%20Insecurity).
 Center of Health Care Strategies, 2021.

This guide and webinar highlight opportunities to address food insecurity by connecting state partners, community members, and state officials.

- <u>Guide: Fighting Hunger by Connecting Cross-Sector Partners and Centering</u> <u>Lived Expertise (PDF) (www.chcs.org/media/Report-Fighting-Hunger-by-</u> <u>Connecting-Cross-Sector-Partners-and-Centering-Lived-Expertise 120221.pdf)</u>
- Webinar: Partnering to Fight Hunger: Breaking-Down Silos and Incorporating Lived Expertise (www.chcs.org/resource/partnering-to-fight-hunger-breakingdown-silos-and-incorporating-lived-expertise/) (90 minutes)
- <u>Building Health System Partnerships to Combat Food Insecurity (PDF)</u> (www.urban.org/sites/default/files/publication/105261/building-health-systempartnerships-to-combat-food-insecurity.pdf). Urban Institute, 2021.

The Walmart Foundation's Healthier Food Access program provides lessons for building health system and community partnerships to combat food insecurity.

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