

Meeting the Challenges of Diabetes: Working with Non-English Speakers with Diabetes

Tuesday, December 6, 2022

Noon – 1:00 p.m. CT

Topic: A diagnosis of diabetes can be overwhelming. When you don't speak the primary language of the health care system, it can be especially daunting to learn about your condition and understand all the recommended steps patients should take to stay healthy. This webinar will review the basics of working with interpreters; how language and cultural differences impact care, create misunderstandings and jeopardize appropriate follow-through and common points where misunderstandings can happen. Community Health Workers and Care Coordinators can play a valuable role in reducing these barriers and the presenters will share tips from their years of experience working directly with people with diverse languages and cultures.



Presenters:

Hilda Herrera – CHI™/ CHW, CHW Solutions

Marianna Gutierrez – CHW and Clinic Administrator, Our Lady of Guadalupe Free Clinic in Worthington, MN

Marie Sherwood – Health Coach Disease Management, UCare Diabetes Health Journey program and Migraine Management Program.

Who should participate/Audience:

MSHO and SNBC Care Coordinators, nurses, nutritionists, diabetes educators, public health, health educators, social workers, therapists, Community Health Workers, and anyone who interacts with individuals with diabetes.

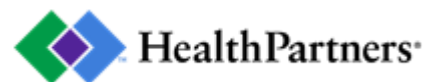
Objectives:

- Understand how to work effectively with interpreters
- Understand common ways that language barriers and cultural differences can lead to barriers to diabetes care
- Identify at least three strategies to support non-English speaking members in managing their diabetes

CEU - Participants should contact their relevant licensing board to determine if this program will meet continuing education requirements and CEU values.

This webinar is free, but space is limited, click here to [Register](#).

This webinar is presented by a collaboration of Minnesota health plans working to improve diabetes healthcare in Minnesota. Thank you to Blue Plus, HealthPartners, Hennepin Health, Medica, South Country Health Alliance and UCare for their commitment to this issue.



All webinars will be posted on the Stratis Health website under [Health Plan Performance Improvement Projects](#).