Diabetes and Skin Care Thursday, June 22, 2023 Noon – 1:00 p.m. CST

Topic:

This webinar is for individuals and clinicians who work with people with Diabetes. The discussion will include what good management of Diabetes looks like in consideration of skin health and neuropathy. It will focus on preventative care and best practices in Diabetes and skin care management, awareness of the contributing impact of other co-morbid diseases, and when and whom to contact for care professional referrals.

Presenter: Becca Trebil, RN, MSN, APRN, C-NP

Becca Trebil is an APRN currently working in Complex Case Management in the High Complexity Case Unit for Blue Cross Blue Shield of Minnesota. Her RN background is mainly in community-based care and care management, including providing care to all ages from complex pediatrics to geriatrics, training and education, and working in high-fidelity simulation. In addition, her work as Nurse Practitioner has been with complex chronic care adults and palliative care.

Who should participate/Audience:

MSHO and SNBC Care Coordinators, nurses, nutritionists, Diabetes educators, public health educators, social workers, therapists, Community Health Workers, and anyone interacting with individuals with Diabetes.

Objectives:

- o Review co-morbidities that can contribute to skin and nerve complications for persons with Diabetes
- o Learn best practices in skin care for persons with Diabetes and their caregivers
- o Identify neuropathy safety considerations and common treatments
- o Be able to recognize when and to whom to provide appropriate referrals for Diabetic skin and neuropathy concerns

This webinar is free. **<u>REGISTER HERE</u>**.

CEU - Participants should contact their relevant licensing board to determine if this program will meet continuing education requirements and CEU values.

This webinar is presented by a collaboration of Minnesota health plans working to improve Diabetes healthcare in Minnesota. Thank you to Blue Plus, HealthPartners, Hennepin Health, Medica, South Country Health Alliance, and UCare for their commitment to this issue.













All webinars will be posted on the Stratis Health website under Health Plan Performance Improvement Projects.